What is RightBreathe?

RightBreathe is an app which has been developed and is managed by NHS pharmacists and doctors to help you improve control of your asthma or COPD with your inhaler(s).

RightBreathe:

- includes pictures of the inhalers to help you recognise which inhaler you’ve been prescribed
- contains all the information you need about your inhalers
- includes links to videos on how to use them
- can be set to remind you when to use inhalers if they are meant to be used regularly
- brings together all the available information about all the inhalers which your doctor, nurse or pharmacist may prescribe for you in the UK.

It is regularly updated and checked to make sure that all information it contains is accurate and up-to-date.

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Why was RightBreathe developed?

There are medicines that can help to control the symptoms of asthma and COPD (chronic obstructive pulmonary disease) and help to reduce the impact that these conditions have on your daily activities.

Most of the medicines are administered from inhalers which deliver the medicine(s) directly to the lungs.

Choosing the right inhaler and using it correctly is extremely important and will help improve control of your asthma or COPD symptoms. A healthcare professional should check whether you use your inhalers correctly each time a new inhaler is prescribed.

A recent survey by Asthma UK showed that up to one third of people with asthma are not using their inhalers correctly. If the inhaler is not used correctly, the medicine will not get into your lungs, and your symptoms may not be controlled. It is important that you are shown how to use your inhalers correctly and when to use them, and that your use of them is checked regularly.

How can RightBreathe help me?

When prescribing your treatment, you and your healthcare professional have to choose the right inhaler(s) for you from more than 100 on the UK the market. RightBreathe will help you and your healthcare professional to choose the inhaler which suits you best.

There is so much information about medicines and healthcare on many websites that it is hard to know which information can be trusted. RightBreathe has been developed by NHS staff for NHS patients and staff, so you know it is accurate, up to date and can be trusted.

Some people find it useful to watch videos to help them understand how to use their inhalers correctly. RightBreathe helps you do this wherever and whenever you like, and as often as you want to.

RightBreathe helps you to use your inhaler correctly, so that your symptoms are controlled.

RightBreathe can also be set to remind you when to use inhalers if they are meant to be used regularly. This is very important to help maintain control of your condition.

Where can I find the RightBreathe app?

RightBreathe is available as an app for Apple and Android smartphones and tablets, available free from the App Store and Google Play. You can access RightBreathe for yourself.

RightBreathe is also a website:


Your healthcare professional can email you a link which will take you directly to a page of information about your inhaler(s) and videos about how to use them. To see how RightBreathe can help you, ask your healthcare professional.

If you have further questions or wish to discuss any information further, speak to your doctor, nurse or pharmacist.