



RightBreathe is an online and mobile app resource, providing up to date information on inhaled medications for clinicians and patients. Both are free for all clinicians to use.

There are over 120 inhaler device and drug combinations licensed for the treatment of respiratory disease in the UK and it can be challenging for clinicians and patients to identify the product which best meets individual needs. RightBreathe provides detailed information on all UK-licensed inhaler products, in an accessible format. It has been designed to support joint decision-making about product choice and to facilitate appropriate prescribing.

Choosing and matching the device to the needs and abilities of individual patients and teaching them how to use it properly is critical to successful treatment. There is good evidence that patients who don't use their inhaler correctly don't achieve the maximum possible benefit from treatments. Techniques needed vary between different types of device and may also vary between devices of the same type. RightBreathe provides links to a comprehensive range of videos which teach optimal inhaler technique for every device, to help patients achieve the best possible outcomes from their treatment.

How does this help clinicians?

The aim is to streamline the prescribing process by facilitating safe and effective choice of inhaled medications, mapped to local, national and international prescribing pathways where appropriate, to make the whole process safer, more cost effective and to increase efficiency. Without access to RightBreathe, a clinician's decision could take far longer, may require multiple resources and could be based on habit and/or lack of inhaler knowledge. RightBreathe also provides the necessary counselling, an ideal end to any consultation.

Rightbreathe information on inhaled medications and spacers, includes:

1. Side effects
2. Licensing information
3. Pricing and costing information
4. Colour coded inhaled corticosteroid doses
5. Some local, National and international pathways mapped to inhaler choices.

How does this help patients?

RightBreathe's aim is to educate and empower our patients, allowing safe and effective use of inhaled medications whilst removing some of the burden placed on the NHS by:



- a) Providing up to date information on inhaled medications and spacers, including side effects, usual safe doses and age ranges
- b) Giving easy access to educational videos to help with inhaler technique
- c) Using the app which lets patients set reminder alerts, in accordance with their dosing schedule and,
- d) Using the app lets patients save information on their medications for easy access in the 'my inhalers' section

Using RightBreathe as a formulary tool and the benefits

We are now able to offer personalisation of the RightBreathe website to help your clinicians to choose formulary options. To make this happen the following is required

1. You send us your local respiratory formulary. This can be at trust, CCG, STP/ICS level
2. We create your profile on the website, linking every formulary medication to your profile
3. Your clinicians, prescribers and anyone else within your organisation who wishes to, signs up on the RightBreathe website, selecting your organisation as their place of work
4. Once logged in, your local formulary options will be highlighted. This helps your prescribers stick to your organisation's formulary options.

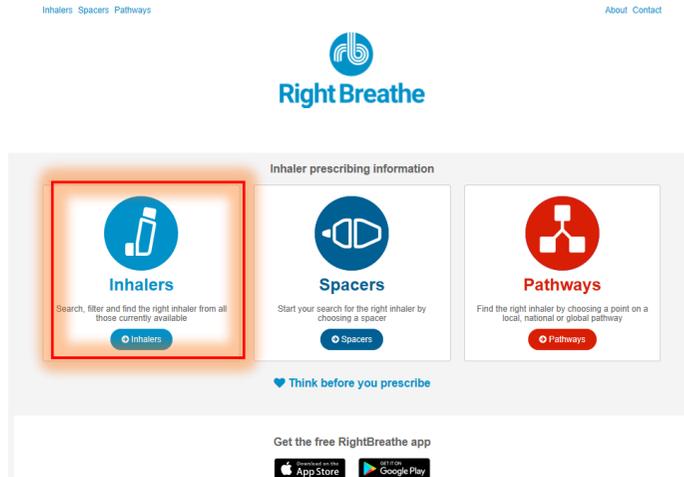
Formularies are usually developed with two things in mind, quality and finances. By increasing coherence to your formulary, you may benefit by seeing improvements in the quality of your service and an improvement in your financial spend. You can prove this concept by measuring and evaluating the effects of the implementation of RightBreathe before and after.

Costs to users

We are an NHS organisation and, as such, our pricing structure for inclusion of your formulary is very competitive and is based on the population your organisation serves. Please contact us for a quote.

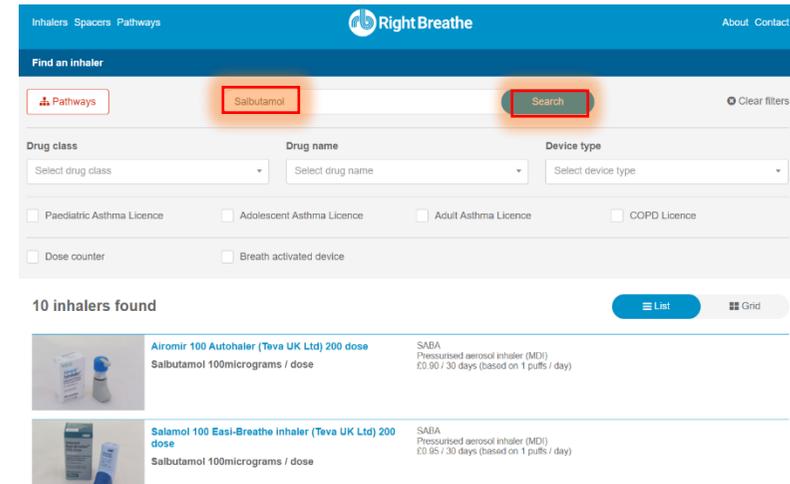


Navigating the Rightbreathe website

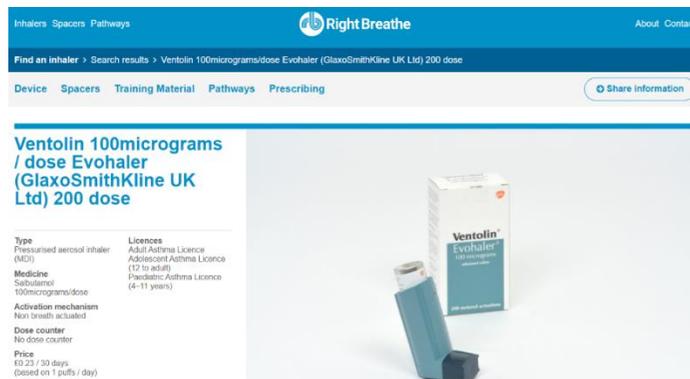


Above is the homepage, here you can navigate to all the available information. To access the inhaler resources, click on inhalers.

If you click the pathways link, you will be directed to the interactive national/international guidance tool, where you can select a point on the pathway and be taken to corresponding products.



Above shows how to search for the inhaler you wish to prescribe by brand, name or class. For this example, we have chosen salbutamol. Scroll down to view formulary options, these will be presented at the top of the list alongside overviews of cost, drug class as inhaler type.



← Opposite, we see the landing page for the chosen medication. As mentioned, this can be reached either via search or via the pathway.

Detailed information is presented here, including licensing, costs, side effects, interactions and many more features. There is also links the educational and instructional videos for that inhaler, which can be played for the patient as a good way of ending a consultation, perhaps whilst the clinician writes the prescription.



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